

I have a headache; can I have a paracetamol please?

I am cold; please could you close the window?

I would like fish and chips for dinner please

Where are the toilets?

Can I have the radio on please?

I would like to see my Mum

Could you bring me the telephone please?

I have a stomach ache; I think it may be something I have eaten

I have lost some money

I would like to watch Channel 4 please

Someone has just kicked me

I am really thirsty; could you get me a glass of milk please?

I don't like eggs

I am not allowed to eat pork

I'm not feeling very well; I think I need a doctor

I would like to go for a walk in the garden

I feel sick, where is the bathroom?

I have spilt my drink, do you have a cloth?

I can't hear the TV; can you turn it up please?

It's my Birthday on Friday

I would like to have a bath instead of a shower

I am a vegetarian

My plant needs watering

I am frightened of being on my own

I am scared of the dark

I like going to bed late and getting up late!

I have milk and two sugars in my tea

Someone has stolen my wallet

I love playing football with my friends

I don't like having my photo taken

My favourite colour is blue

Can we go shopping today?

I fell over yesterday and hurt my knee

My brother is being nasty to me

I am allergic to nuts

All of my socks have holes in them

Someone has broken my sunglasses

I would like to go to the beach tomorrow

Communication Cards

(Laminated cards which have different phrases on them that your client may wish to communicate. For example: “I am cold, please could you shut the window” or “I would like to listen to the radio”)

- Students must get into pairs; one person is the service user and one person is the support/care worker
- The service user must choose a card from the envelope and communicate what is written on the card to their support/care worker without talking
- Students must swap roles and choose another card
- Discussion after– relating back to the CA’s own job role and the implementation of effective communication and care values

This can be concluded with question/answers from the group and any further experiences that the Care Ambassadors would like to share with the group about how they communicate with their clients/service users their own job role.